

The Compass

There are always four directions you can take to forge a new path or to continue on...
What are your North, South, East and West that guide your actions during this time?

Begin & End in Gratitude

1. Start each day with a gratitude exercise.
2. Appreciate your abilities & opportunities.
3. Appreciate the contributions and qualities of others, then combine your abilities with theirs to create something amazing.

Listen & Learn

1. Ask questions like, "What's one thing I can do to help you do your job better?"
2. Spend time listening.
3. Remain curious and chase the things that make you wonder.



Act on Instinct

1. Trust what your gut is telling you, follow it to find confidence.
2. Be obstinant in getting what you need to be at your best.
3. Leverage the natural strengths of others, especially those who operate differently than you.

Stay Close

1. Make time to connect one-on-one with others.
2. Revisit relationships that you haven't for a while.
3. Be real and vulnerable. Find a way to smile and laugh together.

humanworks Your Compass

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Begin & End in Gratitude

What can you appreciate about your life?
What can you appreciate about someone else?

1. _____
2. _____
3. _____

Listen & Learn

What's the most helpful question you could ask?
What can you learn by listening?

1. _____
2. _____
3. _____



Act on Instinct

What is your gut telling you that you need around
information, process, unknowns or tangibles?
Whose instincts would help you right now?

1. _____
2. _____
3. _____

Stay Close

Who can you stay connected with?
Who can you reconnect with?

1. _____
2. _____
3. _____